SYLLABUS FOR M.A LEVEL

Objectives:

Long Term

To institutionalise Women’s Studies in Pakistan.
To restructure knowledge including the contributions of women scholars and societies in various disciplines particularly social sciences and humanities.
To develop alternate concepts frameworks, theories and methodologies which will be balanced incorporating the lived experiences of women.
To bring change in the society for accepting women as equal partners in development.
To contribute to the world debate on the women’s question and to debate in Pakistan through teaching, research and investigation.

Short Term

Review of the concepts of the existing text books used at various levels of formal education literacy and mass education to eliminate sexist bias.
Review of the training material for the trainee’s trainers and master trainers to eliminate sexist bias.
Organization of workshop on (i) the need for women’s Studies and its role in university development for decision makers and academic (ii) restructuring of courses and syllabus formation (iii) the infrastructures for dissemination and exchange of new knowledge developed through Women’s Studies programmes.
Curriculum development to incorporate contributions by women on the conditions and problems of women into courses in different disciplines.
Preparation of some introductory or foundation courses for the students at the university level.
Selecting priority areas for research based on the review of the existing themes of research.
Critical examination of concepts, theories modes and methodologies that have been responsible for excluding or rendering women invisible in scientific investigation and scientific investigation and scientific development.
Identification of state of awareness of the society on women’s issues and building measures towards this end.
Identification of the salient issues in the debate on women’s issues.
Identification replication and translation of the relevant material from the regional languages into Urdu language.

**THE COURSE:**

The course should work under annual system comprised of two years. First year is based upon compulsory core subjects which are four in numbers, including three optional subjects and in final year, compulsory subjects are four including thesis and internship programme as in optional activity.

**SCHEME OF STUDIES**

**M. A. (Previous)**

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<th><strong>OPTIONAL SUBJECTS</strong></th>
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<td>Paper 2- GENDER AND MEDIA. 100</td>
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<td>Paper 3- GENDER IN INFORMATION TECHNOLOGY &amp; COMMUNICATION. 100</td>
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CORE COURSES (PREVIOUS):

PAPER.1- INTRODUCTION TO GENDER STUDIES AND GENDER DEVELOPMENT IN PAKISTAN.

1. Defining Gender Studies
2. Origin of Gender Studies
3. Need for Genders Studies as an academic discipline
4. Studies of Gender in Pakistan. The factors determining the studies.
5. The concept of development of Gender causative analysis of social power & social construct of Gender custom & belief, psychological aspects of Gender differences & personality development, relations between patriarchal institutions & gender discrimination.
6. Division of Labour of Gender at home and at work in Pakistan.
7. Concept of Gender Planning, Definition and theories of Gender Planning, Gender sensitive indicators of Gender Planning.
8. Development Planning in Pakistan and Gender Component; Five years Plans, Social Action Programme, Agriculture and Industrial Sector, (Green and Industrial Revolution).
11. Role and impact of NGO’s and other National and International Agencies/Organizations in gender and development planning in Pakistan, a critique of the Role of donor agencies in gender and development in Pakistan, NGO’s as pressure group in Gender Sensitive development planning in Pakistan, organizations working in the field of gender and development.

Recommended Books:

PAPER. 2 - RESEARCH METHADIOLOGY

1. Definition and historical background: What is feminist research and how it differs from other social science research; theoretical background; need for feminist research.
2. Major issues in conducting research about women: Availability of limited research about women; reliability of data about women; male-orientation of research based knowledge; emphasis on questions, research methods.
3. Research methods: Qualitative and Quantitative methods; Experimental analysis, critical analytical thinking; feminist pedagogy; Interviews, oral history; ethnography; case study; autobiography; action research; participatory research; focus group; play, etc.
4. Research Process: Problem identification; conceptualisation; research design; data collection; data analysis; report writing; connection of research and real life situation; research application.
5. Use of library and information technology in Research: Information source; bibliographical sources; reference and documentation sources; type of bibliography; footnoting; and use of internet.

6. Quantitative research: sources of statistical data; census; vital registration; surveys; Data on women and limitations of quantitative research.

7. Statistical techniques for women studies research: Frequency tables, sample and cross tabulation from raw data; measures of central tendency, measures of dispersion; probability, sampling, non-probability sampling.

8. Correlation and regression

9. Statistical significance: one tailed and two tailed tests and the Null hypothesis.

10. Data entry and computer.

Recommended Books:


PAPER.3- WOMEN’S HEALTH & EDUCATION

i. HEALTH

1. Introduction: Defining health, health as a gender issue: variations in health status of males and females, empowerment, access to health care services and medicines, (Sources of data about health, role of governmental and international agencies specially UN, WHO, Gynecology and Obstetric Society etc. National Forum on Women’s Health.

2. Life cycle of women and health; family environment and health, girl child (from birth to puberty), reproduction span: problems and HRT: (Hormone Replacement Therapy), Old age Health as human right (gender perspective).

3. Nutrition and women’s health. Concept of nutrition, interrelationship between health and nutrition, socio-economic and cultural factors effecting selection and intake of food. Nutritional value of food and balanced diet, diseases that could be prevented and cured (e.g. obesity, diabetes, ovarian and heart diseases etc), occupational health, mental health, cancer, anaemia.
4. Reproduction and health: reproduction; approaches/issues proximate determinants of fertility (marriage, contraception, abortion breast feeding), sexual health and diseases (e.g. RTI, STD, HIV/AIDS), preventive and communicable diseases related to women, cancers (cervical, breast, ovarian) infertility, traditional practices (e.g., female circumcision) Reproductive health technology.

ii. EDUCATION

1. An over view of women’s education in the world.
2. Comparative study of women’s education in South Asia.
3. Women’s Education in Historical context.
4. Non formal education
5. Informal education
6. Vocational and Technical Education
7. A review of national policies and plans regarding women’s education.
8. Causes of low female literacy
9. Gender gaps and disparities in education
10. Social Constraints
11. Career guidance
12. Role of NGO’s in promotion of Education

Recommend Books:

- Dix, C. the New Mother Syndrome, Allen & Unwin, Boston, 1986.
Factors Affecting Female Participation in Education in Seven Developing Countries, C. Brock & N.K. Cammish, Department of International Development, 1997.

Gender Issues and Educational Development: An overview from Asia, Vina Mazumdar, and Centre for Women Development Studies, New Delhi, 1980.


PAPER. 4- WOMEN’S MOVEMENTS IN NATIONAL & INTERNATIONAL PERSPECTIVE

1. Historical overview of Sub-continent: Socio-political contribution of women in early and medieval period; a study of some selected women.
2. Women’s role in the independence of sub-continent: Awareness among women 1900-1947: A critique of women’s literature and journals, women’s participation in political movement; and the formation of all India women’s conference.
3. Independence and the beginning of a new phase of women’s struggle 1947 – till present. Communal riots and women’s struggle; mass migration; disruptions of the family unit; and new experiences for women.
4. Feminist Movement:-
   Early years of Feminist Movements 1950-1870.
   The Golden years – 1870-1920,
6. All the world conferences on women as part of modern movement – Beijing+ 5, UN Special Session/Pakistani perspective, Reference to WAF.
8. Women problems during movement.
9. The role of women in Muslim league.
10. The role of women in independence of Bangladesh.
11. The role of women in All India Congress.
12. The transformation of monarchy into democracy and the role of women in this transformation.
13. Social evils prevalent in sub-continent.
14. Socio-political system of sub-continent during early, medieval and modern periods.
15. Geo-strategic significance of sub-continent.
Recommended Books

- Babbie, Earl, the Practice of Social Research, Wardswarth, California, 1979.
- Jain, Jagishchandra and Walter Margaret, Women in Ancient Indian Tales, Mittal, Delhi, 1987.
- Ahmad, Imtiaz, Family, Kinship and Marriage among Muslims in India, Manohar New Delhi, 1976.
- Brijbhushan, Jamila, Sultan Razia: Her life and Times: A Reappraisal, Mannohar, New
- Whitehead, Women at the borders, Tulsi Press, 2000, Delhi.
- Adam Abigail, In search of feminism, Germany, 2000, Bonn Press
- Frederick, specialists women’s history and feminist theory, Germany, 2000. Lord Publisher.
- Kete Milletts- History of Feminism, Bonn Press, 1999, Germany.
- Dr. Masir Khan Religion and Pakistan Problems, Mashad Publisher, Lahore, 2000.
PAPER.5_ GENDER AND POLITICS

1. The general concept of Women’s political participation; a comparative study e.g. attitudes and behaviour of society towards women participating in politics. Social constraints regarding women’s political participation.
2. Influence of women on Politics: Role in parliament, Role in Political parties.
3. The Role of Women in Politics.
4. Politics: Source of empowerment and leadership, case studies of female legislators.
5. Methodologies in Political participation:-
6. Right to vote & whom to elect. Awareness regarding political process.
8. Capacity building:- women’s Leadership training. How to run and win elections, getting in the door.
9. Their roles & responsibilities as legislators.
10. Best practices and case studies in women’s political participation.
12. The Barriers in the way of women politicians.
13. The process of streamline the women participation.
15. Initiatives towards increasing women’s participation in politics.
16. Constitutional review to enhance the representation of women in political sphere.
17. An overall review of women parliamentarians.
18. To promote the gender sensitive democracy.
19. The international instruments in addressing gender discrimination in politics.

Recommended Books

- Mazharul Haq, Constitution of Pakistan.
- Susan Moller Okin, Women in Western Political Thought, Princeton University Press, Princeton, New Jersey.
- Bryson Valerie, Feminist Political Theory, M. Macmillan and Co.
- R. Paterson, Women empowerment in challenging empowerment- a case study Institute of Development Studies, University Sussex, 2005, USA.
Benazir Bhutto, the daughter of the East, Oxford University Press, 2000 Revised Version, Karachi.

Wikipedia the free encyclopaedia.

R- Muthukumar, Intra Gandhi, Indian Leader, 1885, Delhi.

Forbes, the most powerful women in politics Oxford University Press, Karachi, 1999.


**OPTIONAL SUBJECTS**

**PAPER.1- GENDER AND BUSINESS MANAGEMENT**

1. Introduction to Business: Definitions, Business letters; Types, Drafting.
3. Marketing: Meaning, Classifications, Four P’s; Product, Promotion, Price, Place, Functions of Marketing, Financing.
4. Small Scale enterprises: Budgeting, identification of resources, Raw materials; Sources, Selection and purchase, Project Management, Quality control, Sale and distribution of products.
5. Income Generation Activities: Rural areas, urban areas.
6. Community Mobilization with separate referral to urban and rural areas, Organization, identifying and motivating stakeholders, Management, Networking, Appraisal.

**Recommended Books**

PAPER.2- GENDER AND MEDIA

1. General Introduction to Mass Media; classification; function, introduction of mass media in Pakistan.
2. Image of women in print media: Newspapers; magazines; books; novels; short stories; the image of women in electronic media; television; film; radio; advertisement and internet.
3. The role of women in print media: Historical perspective on women journalists; media women and their role in decision making.
4. Analysis of coverage of women in Urdu newspapers: English newspapers and tabloid newspapers.
5. The role of women in electronic Media: TV; radio; film; and internet. Representation of women through electronic media. Women’s participation in electronic media.
6. Women stereotyped role and sexist language: In school text books and literature (novel, magazine).
7. Media and social development: Media role; formulating media massage and carrying out media campaigns.
8. Strategies for steering media towards a positive direction.

Recommended Books:

- Saeedi, Mahmood aur Azmi, Urdu Theater Aaj Aur Kal, Urdu Academy, 1990.
- Pervaiz, Seema, Analysis of Mass Media appealing to women, women’s Division, Islamabad.

Paper -3 GENDER IN INFORMATION TECHNOLOGY & COMMUNICATION.

1. Introduction: Types of computers, Hardware and the Computing process, Software.


4. Data Processing: Introduction to Excel, Spreadsheet functions, setting up the Worksheet, Entering Data, Labels, Values, Formulas and Functions, Manipulating Data, Editing, Copying and Moving, Recalculating, Sorting, Special Functions, Graphs, Macros, Templates, Printing the Worksheet.


**Recommended Books**

M.A (FINAL)

COMPULSORY SUBJECTS TOTAL MARKS 500

PAPER 1- WOMEN IN RELIGIOUS PERSPECTIVE & IN DIFFERENT CIVILIZATION. 100

PAPER 2 - GENDER LAW AND HUMAN RIGHTS IN PAKISTAN. 100

PAPER 3 FEMINIST THEORIES AND GENDER DEVELOPMENT INTERNATIONAL STRATEGIES. 100

PAPER 4- (a). PSYCHOLOGY OF WOMEN. 50

(b). VOILENCE AGAINST WOMEN. 50

OPTIONAL PROGRAMMES

INTERNERSHIP 100

THESIS 100

CORE COURSES (FINAL):

PAPER.1- WOMEN AND RELIGIOUS PERSPECTIVE & IN DIFFERENT CIVILIZATION.

1. Significance, Role and Impact of Religion in Human Life.
3. Women in Hinduism
4. Women in Buddhism
5. Women in Judaism
6. Women in Christianity
7. Women in Islam- women in pre-Islamic Society.
8. Eco-empowerment of Women in Islam (Women as Entrepreneur, women as educationist, women in policies)
9. Overview
10. Human rights
11. Address of Holy Prophet (SAW) as Women Rights Charter Wife as a partner

CIVILIZATIONS

2. Women in Greek Civilization.
3. Women in Egyptian civilization.
5. Women in Chaina.
6. Women in Japan, France, Iran, Germany & in ancient Arab.

Recommended Books:

- Wadood, Amina, Women in the Quaran, the University of Michigan, 1998.
- Chetterji, Joyotsna (Ed) Religions and Status of women, UPPAL, Delhi; 1990.
- Major Religions of the sub-continent: Fatima Jinnah Women University Publication, Monograph No. 1.
PAPER.2  GENDER LAW AND HUMAN RIGHTS IN PAKISTAN

1. Definition of Law.
3. Four kinds of law in Pakistan (Constitutional, Customary, Islamic & Legal).
4. Need for law in the society.
5. The process of law making in Pakistan.
6. Islamization of law: family laws, marriage; Polygamy; Talaq; Khula; Maintenance; Dowery and Gifts; Parents and child guardianship; Will and Inheritance.
7. Shariah laws: Law of Evidence; Rajam; Qisas and Diyat, Hudood Laws.
8. Labour laws in Pakistan relevant to women: wages; collective bargaining (e.g. Trade Unions – Loose Networks); Maternal Leave Act.
9. Women’s mobility: Harassment of Women at public and workplace; protective laws and practical implementation.
12. Access to justice: law, courts, paralegal system and support system.
13. ILO Conventions and institutionalisation of human rights.
14. Women’s mobility: (Harassment of women at public and workplace protective laws and practical implementation )
15. International Human rights law: (international human rights instruments with special reference to united Nations Convention on the Elimination of all forms of Discrimination against women (CEDAW ) states, obligation under the same )

Recommended Books:

- Freeman, Sandra, women and Law, Clavendon, Oxford, 1997.
Shaheen Sardar, Women in Customary laws
Patel, Rashida, Islamization of Law in Pakistan, Saad, Karachi, 1986.
Conway W. Henderson, International Relations- Conflict and Co-operation at the Turn of the 21\textsuperscript{st} Century, New York, USA, 1997.

PAPER 3 - FEMINIST THEORIES AND GENDER DEVELOPMENT INTERNATIONAL STRATEGIES:

1. Feminism- concepts and ideologies.
2. Definition and different ideologies of feminism. Feminist theories: western thought,
3. Liberal feminism, Marxist feminism socialist feminism, radical feminism, Islamic Feminism, (Hazrat Khadija as first Business women (rights of in Islam etc).
4. Concept and definition of Gender
5. Concept and definition of development: Shift over from Women in Development (WID) to Gender and development (GAD)
8. International For a on women’s development: Women’s Conferences; women’s Decade; Social Summit; Cairo (ICPD) and Beijing +5, Beijing +10 process, Gender Reforms; prospects concept of Group: Gender Reform Action Plan and Institutional Reforms.
9. Approaches and Models for gender and development: Theories of development (welfare, basic needs, empowerment, equality and anti-poverty); Development from gender perspective and women and development: myths and realities.
10. Women’s development organization” public agencies’ Ministry of Women Development as model” international agencies” national agencies C.B.O, Donor Agencies.

Recommended Books

PAPER.4- (a). PSYCHOLOGY OF WOMEN

1. Psychology of Women: Introduction to the newly emerging discipline.
2. Gender differences: Myths and realities.
5. Adolescence: Physical development, Psychological and social reactions
7. Some issues related to reproductive health: Planned motherhood; infertility; literature, media and textbooks.
9. Cognitive sex differences: Research in cognitive sex differences, Differences in overall intelligence, abilities, verbal ability, memory, numerical ability, creativity,
problem solving, manual dexterity, mechanical and spatial aptitude, scholastic achievement.

10. Gender differences in personality and social behaviour. Personality traits: Communication styles, leadership, power related traits, helping and caring qualities/traits.


**Recommended Books**

- Marry & Maitland, Psychology of Women-USA.
- Stuart Ira Fox, Human Psychology. (Fifth Edition), USA, 1996.
- Allama Iqbal Open University, Psychology of Women, Islamabad, 1996.

**PAPER.4- (b). VOILENCE AGAINST WOMEN**

1. **INTRODUCTION**
   The Patriarchal Parameters of Violence
   The International Perspective
   The Pakistan Context
   Types of Violence

2. **THE SCALE AND SOCIAL DIMENSIONS OF VIOLENCE AGAINST WOMEN**
   Domestic Violence: Physical & Psychological violence.
Community Violence – Rape, Eve Teasing, Trafficking, Prostitution, Murder (Honour killing – infanticide), Acid throwing and burning, incest, Violence in Police Stations, Violence in custody, Violence during armed conflict, Women Refugees, Customs-based violence.
Harassment at work place: relation & promotion

3. **DOMESTIC VIOLENCE**
What is domestic violence?- Meaning, Forms, Myths, Facts and figures, Case studies, Theories of Domestic Violence, Domestic abuse and the cycle of violence, Power and control/equality wheels, Prevention, Intervention, Counselling and Programmes, Domestic Violence and need for law.

**Recommended Books:**

- Violence Against Women in Bangladesh, Pakistan Egypt, Sudan, Senegal and Yemen, Pachel Marcus, BRIDGE Publication, United Kingdom, 1993.
- Take a Step to Stamp out Torture, Amnesty